HIV and Substance Abuse Resources
(arranged alphabetically by type of resource)

Articles:


**Newsletters:**

*The ADAP Report*

Obtain from: coy.stout@parexel.com or *The ADAP Report*, PAREXEL MMS, 5870 TrinityParkway, Suite 600, Centerville, VA 20120, 703-310-2045

Description: This newsletter is an information resource for ADAP Administrators and contains articles about policy, program administration, clinical care and other HIV/AIDS issues.

*Bulletin of Experimental Treatments for AIDS (BETA)*

Obtain from: www.sfaf.org/beta, beta@sfaf.org, 415-487-8060

Description: *BETA, the Bulletin of Experimental Treatments for AIDS*, includes in-depth articles on treatments for HIV infection and AIDS-related illnesses for HIV-positive individuals and their caregivers. It is published quarterly (in winter, spring, summer, and autumn) by the Treatment Education and Support Unit of the San Francisco AIDS Foundation. Contributing writers to *BETA* include well known AIDS researchers and clinicians as well as AIDS community advocates and activists. Each issue of *BETA* includes News Briefs, Research Notes, a Women and HIV/AIDS department, a listing of open clinical trials and an extensive glossary of terms.
**HIV Impact**

Obtain from: [info@omhrc.gov](mailto:info@omhrc.gov) or OMHRC, PO Box 37337, Washington, DC 20013

Description: *HIV Impact* is a free newsletter of the Office of Minority Health, Office of Public Health and Science, Us Department of Health and Human Services. The newsletter provides information on a variety of HIV/AIDS issues as well as resources and upcoming conference information.

**HIV Quality Care News**

Obtain from: [http://www.idsociey.org/HIV/NEWS_Index.htm](http://www.idsociey.org/HIV/NEWS_Index.htm)

Description: *HIV Quality Care News* is a bimonthly publication of the HIV Medicine Association. The HIV Medicine Association is an organization of medical professionals who practice HIV medicine. We represent the interests of our patients by promoting quality in HIV care and by advocating for policies that ensure a comprehensive and humane response to the AIDS pandemic informed by science and social justice.

**The Hopkins HIV Report**

Obtain from: [http://www.hopkins-AIDS.edu](http://www.hopkins-AIDS.edu)

Description: *The Hopkins HIV Report* is a free publication that is issued 6 times per year by the Johns Hopkins University AIDS service, Division of Infectious Diseases. The newsletter covers a variety of topics including treatment issues, epidemiology, and other HIV/AIDS related issues.

**The PRN Notebook**

Obtain from: the Physicians’ Research Network: [www.prn.org](http://www.prn.org)

Description: *The PRN Notebook* contains summaries of the presentations given at their meetings, as well as featured reports on major clinical and scientific meetings in the USA and, when possible, internationally.

**Websites:**

**The Addiction Technology Transfer Center Network**: [http://www.ceatc.org](http://www.ceatc.org)

Description: The network is funded by a cooperative agreement from the Center of Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA). This website is designed to be an important source of addiction-related information for the public and the community of addiction professionals.
AIDS Action Committee:  www.aac.org

Description: AIDS Action's mission is three-fold:
• to provide support services for people living with AIDS and HIV
• to educate the public and health professionals about HIV transmission, treatment and prevention
• to advocate for fair and effective AIDS policy at the city, state and federal levels
Their website provides a variety of HIV related resources in both English and Spanish.

AIDSinfo:  http://www.aidsinfo.nih.gov/

Description: AIDSinfo is a U.S. Department of Health and Human Services (DHHS) project providing information on HIV/AIDS clinical trials and treatment. It is the result of merging two previous DHHS projects: The AIDS Clinical Trials Information Service (ACTIS) and the HIV/AIDS Treatment Information Service (ATIS). Important resources such as fact sheets, brochures, and guidelines can be found on a number of topics such as prevention, treatment, vaccines, and clinical trials.

The Body:  www.thebody.com

Description: This website contains HIV/AIDS information in more than 550 topic areas including AIDS basics, prevention, quality of life, treatment, and policy.

The Center for AIDS Prevention Studies:  www.caps.ucsf.edu

Description: The Center for AIDS Prevention Studies was established in 1986 to:
• Conduct local, national, and international interdisciplinary research on methods to prevent HIV infection and its consequences.
• Stimulate collaboration among academic researchers, public health professionals, and community-based organizations.
• Train new scientists to conduct AIDS prevention research.
• Disseminate knowledge, skills, and effective research and prevention models.
• Contribute to policy development related to the HIV epidemic at local, state, national, and international levels.
• Analyze and resolve ethical issues related to HIV research, prevention, and care.
• Collaborate with scientists from developing countries to conduct AIDS prevention research.

Centers for Disease Control and Prevention (CDC):  www.cdc.gov

Description: The CDC is recognized as the lead federal agency for protecting the health and safety of people - at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships. The CDC website provides up to date information and links on a number of HIV related topics, including statistics, guidelines, and funding.
Danya Institute:  [http://www.danyainstitute.org](http://www.danyainstitute.org)

Description: The Danya Institute provides analysis and information to the public to enhance the workforce development of healthcare professionals on issues related to drug and alcohol use and addiction.

The Drug and Alcohol Treatment Association (DATA) of Rhode Island: [www.dataofri.org](http://www.dataofri.org)

Description: A non-profit membership organization representing the majority of public and private alcohol and drug abuse treatment and prevention programs throughout the state. The DATA training program provides a range of training experiences including an evidence-based treatment approach for substance abuse and mental health clients with significant anger management problems, an advanced training course for clinical supervisors, an ethics course for managers, and certificate training in Crisis Prevention Institute (CPI) crisis management techniques. In-Rhodes, a resource library maintained by DATA, is available for dependency professionals or consumers seeking additional information. In-Rhodes' services are designed to facilitate the sharing of resources and information about education and prevention, published materials and research findings, as well as news about related trends.

Drug Policy Alliance: [www.lindesmith.org](http://www.lindesmith.org)

Description: The alliance provides information on harm reduction and drug policy.

The Forum for Collaborative HIV Research: [www.hivforum.org](http://www.hivforum.org)

Description: The Forum for Collaborative HIV Research is an independent public-private partnership whose mission is to facilitate discussion on emerging issues in HIV clinical research and the transfer of research results into care.

Harm Reduction Therapy Center (HRTC): [www.harmreductiontherapy.org](http://www.harmreductiontherapy.org)

Description: The HRTC website provides information on is providing alternative treatment to people with drug and alcohol problems. The treatment, Harm Reduction Psychotherapy is based on the belief that substance abuse develops in each individual from a unique interaction of biological, psychological, and social factors.
Health and Disability Working Group (HDWG):  www.hdwg.org

Description:  HDWG is a research, technical assistance and training center of the Boston University School of Public Health. Previously known as the Medicaid Working Group, their goal is to improve the delivery of medical, behavioral, and support services to people with a broad range of disabilities and chronic illnesses. The HDWG promotes the exchange of information and ideas between policy makers, providers, and consumers to support the delivery of the best possible services in the most effective manner. They also assist providers and policy-makers in identifying needs and implementing practices or programs that address these needs. HDWG research activities include policy and primary research as well as program evaluation with a primary focus on low income and disenfranchised populations.

HIV/AIDS Bureau (HAB) of the Health Resources and Services Administration (HRSA):  http://hab.hrsa.gov/

Description:  The HAB of HRSA distributes the Ryan White Care Act funding to address the unmet health needs of persons living with HIV disease by funding primary health care and support services.

HIV InSite:  Gateway to AIDS Knowledge:  http://hivinsite.ucsf.edu

Description:  Based at UCSF, this site is a virtual one-stop shop for reliable, peer-reviewed AIDS information and contains research written, edited and maintained by frontline AIDS researchers from a health sciences institution. Topics cover a wide breadth of in-depth information--from treatment, clinical drug trials, epidemiology and basic research to social and policy issues, prevention programs, population subgroups, and ethics.

National AIDS Fund Website:  www.aidsfund.org

Description:  The National AIDS Fund provides grants to support community-based HIV prevention programs

National Alliance of State and Territorial AIDS Directors Online Publications:  www.nastad.org

Description:  The following are useful publications by this organization:

Description: NIDA’s informative website includes up to date information on commonly used substances, the links between drug use and HIV, and funding opportunities.

New Mexico AIDS InfoNet: http://www.aidsinfonet.org/

Description: The New Mexico AIDS InfoNet is a project of the New Mexico AIDS Education and Training Center in the Infectious Diseases Division of the University of New Mexico School of Medicine. The InfoNet was originally designed to make information on HIV/AIDS services and treatments easily accessible in both English and Spanish for residents of New Mexico. Fact sheets are available in a wide variety of subjects in a non-technical language and are updated frequently. In addition the InfoNet also maintains a list of over 500 HIV/AIDS websites that maybe helpful resources. Please note: the information provided on this site is designed to support, not replace, the relationship that exists between a patient/site visitor and his/her existing health care providers.

Project Inform: www.projectinform.org

Description: Project Inform is a national nonprofit, community based organization working to end the AIDS epidemic. Its mission is to:

- **Provide vital information** on the diagnosis and treatment of HIV disease to HIV-infected individuals, their caregivers, and their healthcare and service providers.
- **Advocate** for enlightened regulatory, research, and funding policies, affecting the development of, access to, and delivery of effective treatments, as well as to fund innovative research opportunities.
- **Inspire** people to make informed choices amid uncertainty, and to choose hope over despair.

Project Inform makes information on HIV disease and the treatments used to manage it available to all who need it, free of charge. All publications are available on the website (www.projectinform.org) or by calling the toll-free National HIV/AIDS Treatment Hotline at 1-800-822-7422.

Tufts Health Care Institute: www.thci.org

Description: Tufts Health Care Institute is a not-for-profit educational organization established as a collaborative venture of Tufts University School of Medicine (TUSM) and Tufts Health Plan (THP). The Institute develops and coordinates a variety of educational programs on care management topics for practicing and prospective health care professionals to help these individuals to practice effectively and comfortably in a high quality, cost-effective health care system. The Institute offers a curriculum framework and instructional materials that can help in training health care professionals to practice comfortably and effectively.
Seattle & King County Public-Health website:
http://www.metrokc.gov/HEALTH/apu/index.htm

Description: This website services the Seattle and King County areas and has a wealth of information on HIV and substance use including harm reduction and HIV outreach tips in English and Spanish.

Videos:


Obtain from: The video is available through the www.ceattc.org or www.danyainstitute.org for $29 each.

Description: The purpose of the forum was to promote information sharing and to initiate strategies for reducing the stigma that affects patients, those in recovery and their families, and professionals in the field. The companion piece, A Guide to Reducing Addiction-Related Stigma, provides useful information about a variety of approaches to prevent addiction-related stigma. These range from simple approaches, such as using stigma-free language and writing letters to the editor, to comprehensive prevention activities, such as developing a community action-group and implementing a community-based media advocacy campaign. 30 minutes.


Obtain from: http://depts.washington.edu/nwaetc/ for $50 each.

Description: Produced as a Spanish-language version of Taking Control (see below) this patient-oriented program takes a documentary approach, exploring adherence through the lives of four Latinos from Southern California. Filmed on location in Los Angeles, and hosted by Dr. Octavio Vallejo of UCLA, Creando Nuestro Futuro includes a diverse array of experiences: from Silvia, whose 12-year-old daughter was infected through mother's milk, to Jose, whose doctors told his family several years ago that he would live a few more days at most. Providing a distinctly Latino perspective on the hope and the challenge presented by current HIV regimens, this video is a culturally appropriate source of education and support for Spanish-speaking clients who are "creating a future." Approximately 30 minutes.

Obtain from: http://depts.washington.edu/nwaetc/ for $50 each.

Description: This program follows a co-infected patient from diagnosis through referral to a GI specialist. Dr. Stephen Tabet and Dr. Margaret Shuhart of the University of Washington provide expert guidance on the management of co-infected patients, including counseling, treatment candidacy, an overview of current therapies, monitoring, and followup. 23 minutes.


Obtain from: http://depts.washington.edu/nwaetc/ for $50 each.

Description: Structured around four cases studies, this video explores issues including intake of inmates claiming to be on HIV medications; factors to consider in beginning HAART therapy; adherence and pill lines versus keep-on-person medication regiments; transition issues; and Hepatitis C co-infection. Featuring interviews with leading national experts on HIV and corrections, the film includes segments shot in Washington's McNeil Island Correctional Center. 27 minutes.

High Impact: Substance Abuse and HIV Care

Obtain from: http://depts.washington.edu/nwaetc/ for $50 each.

Description: Shot on location at Highland General Hospital in Oakland, California, and the University of Washington's Center for Health Education and Research in Seattle, HIGH IMPACT explores the challenges of delivering HIV care to patients with histories of substance abuse. Join HIV specialists David Spach, MD, Deborah Royal, RN, ANP, and psychiatrist Victoria Harris, MD, along with a focus group of clients, in a fast-paced program with five sections: Stabilizing and Reducing Harm; Beginning Antiretroviral Therapy; Drug Interactions; Pain Management; Supporting Adherence.

HIV/AIDS Medical Update 2001. (July 2001)

Obtain from: http://depts.washington.edu/nwaetc/ for $50 each.

Description: Produced annually, this lecture-style presentation by Dr. David Spach is targeted to clinicians treating HIV, and provides a technical discussion of: the role of CTL in disease progression; new FDA-approved HIV Medications; new ARV guidelines; and new HCW postexposure prophylaxis guidelines. 29 minutes.
Pill Burden: HIV Medications and the Role of the Pharmacist.


Description: *Pill Burden*, a 23-minute training video for pharmacists, provides a comprehensive overview of the role of the pharmacist on the HIV-care team, and introduces basic concepts in HIV medication and treatment. Featuring two HIV specialists, Stephen Tabet, MD and Jane Woodward, PharmD, the video also presents the perspectives of two HIV-positive clients: Anna, who is beginning an HIV regimen, and Todd, whose first regimen is failing, and who is prescribed a more potent "salvage regimen."

Primary HIV Infection: Recognition and Diagnosis. (February 2001).


Description: Topics covered in this 25-minute, lecture-style video include Identifying Primary HIV Infection, Diagnostic Tests for HIV, Pre-and Post-Test Counseling, and a summary of the importance of identifying HIV early. Vignettes with patients illustrate approaches providers can use when doing risk assessments and pre- and post-test counseling.

Taking A Sexual History. Produced by Stephen Brady, PhD of the Solomon Carter Fuller Mental Health Center in Boston, MA.

Obtain from: Available at [www.neaetc.org](http://www.neaetc.org) for $49.95.

Description: This 30-minute video presents unrehearsed vignettes showing a variety of clinicians (including physicians, psychiatrists, nurse practitioners, and a psychologist) interviewing actual patients about their sexual and drug-using histories. While invaluable as a means of evaluating HIV risk, the approaches demonstrated will also enable clinicians to assess risks for other sexually transmitted diseases. The video is geared to professionals in primary healthcare and mental health settings, though the techniques it models will be helpful in any delivery context.


Description: In this documentary-style program a diverse group of eight HIV+ clients present their experience with the new HIV medications, sharing both frustrations and hope. In addition, interviews with a doctor on the cutting edge of AIDS care, a case manager, and a pharmacist, provide clear factual information about adherence, resistance, the issues associated with non-adherence, and strategies for increasing adherence to HIV/AIDS regimens. Taking Control is a 34-minute tape for Providers presenting in-depth information, including slides and graphs outlining research on adherence.
Treating Me: A Video About Women Living With HIV/AIDS

Obtain from: www.neaetc.org for $20.00 each.

Description: A 35 minute video for physicians, nurses and other health professionals, family, and friends who care about and provide care for women. Told from the point of view of women who are infected with HIV, it examines the quality and nature of patient-provider relationships and demonstrates the positive and negative effects these relationships can have on women’s health, well-being and care. Invisible biases are brought to light in an interactive workshop where women with HIV tell their stories through actors and then, as part of a panel before an audience, discuss the vignettes. Produced as a documentary in response to the growing number of women with HIV, this video serves as an excellent advocacy tool for people seeking to have a lasting impact on the awareness and sensitivity of current and future health care providers.

Other Educational Materials:

Addressing the challenges of adherence. Navigating emerging challenges to long-term HIV therapy. Supported through an unrestricted educational grant from Glaxo SmithKline. February 2002.

Obtain from: World Health CME, 41 Madison Avenue, New York, NY 10010; 212-679-6200 for free copies.

Description: This educational packet (also available in CD-ROM) presents highlights of a roundtable discussion held in San Francisco during the summer of 2001, when a group of leading treaters, educators, and researches reviewed 2 decades of progress in AIDS science and the treatment of HIV disease. Their experience and discussions about the state of the art are summarized here.


Obtain from: World Health CME, 41 Madison Avenue, New York, NY 10010; 212-679-6200 for free copies.

Description: This is an educational packet intended for physicians, nurses, nurse practitioners, physician assistants, and counselors involved in HIV care. Objectives include:

- Describing the impact of adherence on the outcome of HIV/AIDS treatments
- Comparing characteristics of patients with excellent vs. suboptimal adherence
- Listing some of the most formidable challenges to antiretroviral adherence
- Discussing and applying best practices for improving adherence
- Utilizing the enclosed tools for promoting adherence.
AIDS Outreach in the Community: Health Education & HIV Prevention for the Substance Abuser. Published by the Texas HIV Connection. Austin, TX

Obtain from: Texas HIV Connection 3410 Far West Blvd. Suite 250, Austin TX 78731.

Description: This manual provides information and activities for training workshops on outreach interventions around HIV prevention and substance use issues.

Comparing Philosophies, Approaches, and Characteristics—Harm Reduction Model vs. Medical Model. Prepared by Daliah Heller (CitiWide Harm Reduction), Kate McCoy, and Chinazo Cunningham (Montefiore Medical Center).

Obtain from: Kate McCoy, kmccoy@montefiore.org

Description: This chart gives an overview of the differences between the harm reduction model and the medical model on the topics of structural philosophy, theoretical framework and patient provider role.

Facts and Myths about HARM REDUCTION in Substance Abuse Treatment. Published by the Statewide Partnership for HIV Education in Recovery Environments (SPHERE).

Obtain from: sphere@attbi.com, 800-530-2770 x 224 for $1.50 each

Description: Brochure presenting the facts and myths of harm reduction.

A Guide to the Clinical Care of Women with HIV. Published by HRSA

Obtain from: http://hab.hrsa.gov/womencare.htm or 1-888-ASK-HRSA for free copies.

Description: This living document offers a comprehensive guide to the care of women living with HIV/AIDS.


Description: This report details the impact of the injection-related AIDS epidemic on African Americans and Latinos. The report takes a harm reduction focus and discusses evidence in favor of needle exchange programs.
**HIV.** (2002) Written by Howard Libman, MD, and Harvey J. Makadon, MD and published by the American College of Physicians (ACP).

Obtain from: [http://www.acponline.org/catalog/books/hiv.htm](http://www.acponline.org/catalog/books/hiv.htm) for $35 ($25 for ACP members)

Description: This book offers up-to-date practical advice on the management of HIV disease. *HIV* is divided into ten chapters with tables, charts, and photographs to make information easily accessible to busy clinicians. The text addresses major clinical issues such as antiretroviral therapy, prevention of opportunistic infections, diagnostic approaches to common clinical syndromes, and management of opportunistic infections and cancers. Illustrative clinical vignettes and an appendix containing a useful drug glossary supplement the text. Written by a team of authors with established clinical, teaching, and research expertise in this field, *HIV* meets the needs of practicing physicians by providing essential information for the primary care of HIV-infected patients.

**HIVGuide 2002 (HIV Primary Care Guidelines).** Written by Dr. Howard Libman.


Description: This guide provides practical up-to-date recommendations on the outpatient management of HIV disease. It covers topics of importance to clinical staff involved in the primary care of HIV-infected patients. These include HIV antibody testing, initial evaluation, antiretroviral therapy, opportunistic infection prophylaxis, immunizations and other health care maintenance issues, stratified management, and sexually transmitted diseases. HIVGuide 2002 also has a useful drug glossary and list of key references and Web sites.


Obtain from: [www.uchsc.edu/sm/AIDS](http://www.uchsc.edu/sm/AIDS), 303-315-2516

Description: This sourcebook provides information about HIV infection and AIDS for clinicians who work in today’s health care system. Its target audience is clinicians, including physicians, physician assistants, nurses, nurse practitioners, nurse midwives, pharmacists, dentists, dental hygienists, social workers, mental health counselors, case managers, and others. It contains an outline of basic patient care in HIV infection, and a list of easily accessible resources.

Obtain from: The curriculum can be viewed at [www.nhchc.org](http://www.nhchc.org) and is $50.

Description: The curriculum provides a comprehensive overview of the principles, knowledge, and issues relevant to conducting outreach.

A Pharmacist’s Guide to Antiretroviral Medications for HIV-infected Adults and Adolescents.  (November 2001) Developed by the Mountain-Plains AIDS Education & Training Center, University of Colorado Health Sciences Center.

Obtain from: [www.uchsc.edu/sm/aids](http://www.uchsc.edu/sm/aids), 202-315-2516.

Description: Provides information on all the currently approved antiretroviral medications. Includes dosage forms, usual dosages, special dosing considerations, common and adverse side effects. The guide also includes a special section describing the pharmacist's role in the care of people with HIV.


Description: This easy to read guide contains descriptions of commonly used HIV drugs. Each drug is presented with an illustration and a description of dosage, brand name, common name, class, cost, patient assistance number, potential side effects, potential drug interactions, and tips on taking the drug. Manufacturer, doctor, and consumer reviews are also included.

Trainer’s Guide: For the Community-based Outreach Model To Prevent HIV and Hepatitis Among Drug Users. Published by CHHATT (Center for HIV, Hepatitis, and Addiction Training and Technology. CSAT Center for Substance Abuse Treatment SAMHSA.

Obtain from: The curriculum can be purchased through Danya International [www.ceattc.org](http://www.ceattc.org) for $99.

Description: This guide is designed to provide trainers of outreach workers and other healthcare professionals with the tools required to provide a 4-hour multimedia training session on the community-based outreach model for preventing HIV and the hepatitis C virus (HCV) among out-of-treatment drug users. These tools include presentation script, computer disks with the presentation text to permit tailoring of the script, professionally prepared PowerPoint slides, a set of pocket-size, laminated cue cards, and a somewhat larger tabletop flip-chart version of the cue cards.
**Volume I: HIV Infection & the Primary Care Physician - 80 slides with instruction guide.**
Written and compiled Howard Libman, M.D. and Jon Fuller, M.D.

Obtain from: [www.neaetc.org](http://www.neaetc.org) for $60.00

Description: This annotated slide-lecture series, consists of four modules covering Virology and Natural History of HIV, Opportunistic Infections, Neurologic Disease, Slim Disease, Opportunistic Tumors and other HIV manifestations. The slides and texts are highly effective tools for individualized learning or didactic presentations.

**Welcome to the Harm Reduction Café Menu of Options.** Published by the Statewide Partnership for HIV Education in Recovery Environments (SPHERE).

Obtain from: [SPHERE@attbi.com](mailto:SPHERE@attbi.com), 800-530-2770 x224 at a cost of $3.50 each.

Description: Creative educational tool listing harm reduction options in the form of a “menu”.