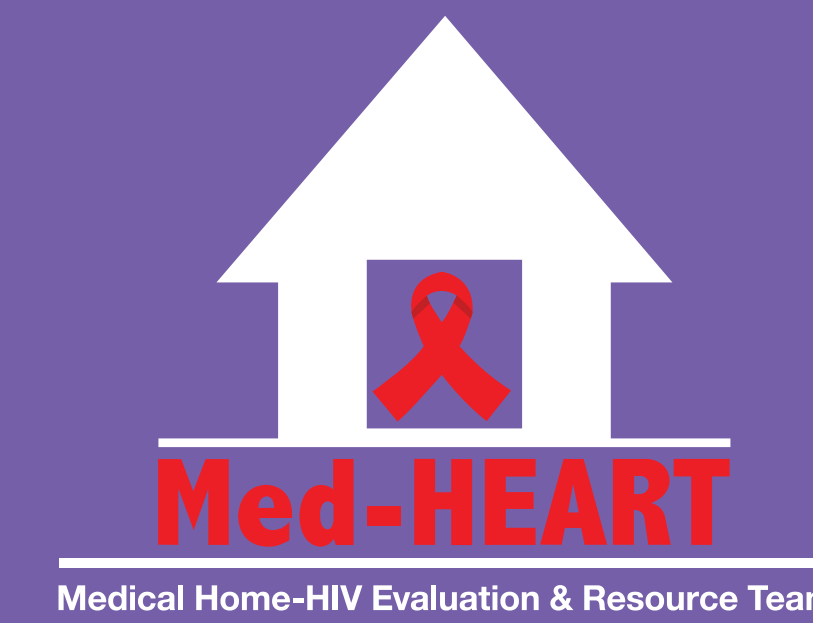




Primary Care Medical Home (PCMH) Connections for Multiply-Diagnosed HIV+ San Diegans

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Model Description

In 2012, with funding support from the Health Resources and Services Administration (HRSA), HIV/AIDS Bureau through its Special Programs of National Significance (SPNS), Family Health Centers of San Diego (FHCS) built a Primary Care Medical Home (PCMH) collaborative care model that serves homeless individuals living with HIV in San Diego County who face substance use and/or mental health challenges.

The FHCS model of care is built upon a developed collaboration between FHCS as lead program organization in a formalized partnership with People Assisting the Homeless (PATH). FHCS is a private, non-profit Federally Qualified Health Center (FQHC) with a mission to provide high-quality, affordable health care to individuals and families. PATH is a non-profit organization that provides services for homeless or unstably housed individuals in San Diego County.

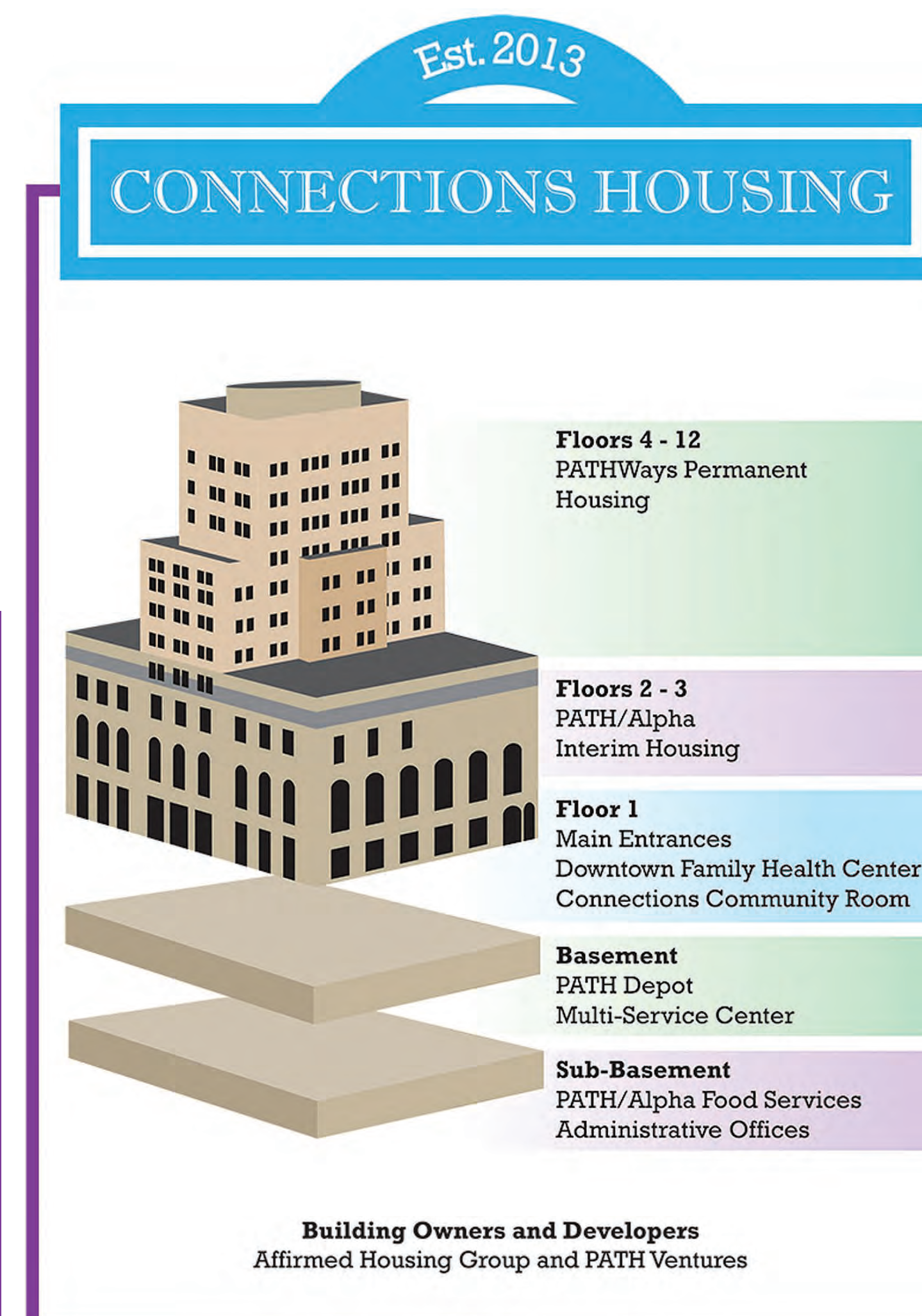
Programmatic goals:

- 1) Improve housing stability among the target population.
- 2) Increase client engagement and retention in HIV care and treatment, resulting in viral load suppression.
- 3) Build and sustain linkages to mental health and substance abuse services.
- 4) Create a bridge to other supportive services such as case management and care navigation.



Program Outcome:

Evidence obtained during the course of this five year initiative demonstrates that permanent housing is a priority and meaningful for people living with HIV. Nevertheless, permanent housing alone is not enough. Supportive services such as medical care, mental health, substance abuse counseling, educational training and job placement are also paramount and necessary to successfully house this population. Through the provision of these wrap-around services, our SPNS intervention improved timely entry, engagement, and retention in HIV care and supportive services for 254 homeless and unstably housed people living with HIV with co-occurring mental illness and/or substance use disorders. 71% of the 108 clients who were enrolled in the study achieved viral suppression.



Successes

- Creation of a Primary Care Medical Home
- Expansion of Formalized Housing Partners
- Increased Collaborative Organizational Relationships
- Enrollment of Participants in Evaluation to Determine Efficacy
- Creation of a One-Stop-Shop Comprehensive Services Model
 - Legal Services
 - Case Management
 - Navigation
 - Employment Readiness
 - Behavioral Health Services
 - Support Groups
- Community Advisory Board - Involve consumers to ensure program design continues to meet changing needs

Challenges

- Lack of Housing Options in San Diego County
 - Lack of permanent housing
 - Lack of permanent shelters and winter shelters
 - Shortage of affordable housing and housing supportive services
- Untreated Mental Health and/or Substance Use Issues
- Loss of Employment, Financial Hardship, Non-livable Wages
- Immigration Status
- Untreated Chronic Illness

Sustainability Plan

Location - FHCS and PATH will remain co-located and FHCS case management will continue to out station at PATH weekly to assist client with entry into PATH housing programs.

Funding - FHCS is exploring local Ryan White and/or private funding to support program partnership activities, and existing funding sources will be leveraged.

Documented success - Grantees confirm that spending time and effort on data collection to prove project efficacy is a valuable part of the process. Programs that deliver evidence-based outcomes are more likely to secure funds and external buy-in.

External outreach - Engage in community meetings to promote services to create an ongoing stream of referrals.

Organizational Support:

- Minorities AIDS Initiative (MAI)
- Case Management (Medical/Non-Medical)
- Behavioral Health Services
- Prevention Services
- Alcohol and Other Drug (AOD) Services

Resources:

- Housing
- Transportation
- Shelters
- Substance Use Treatment Centers
- Crisis Centers
- Hospital Emergency Departments

Funding Sources:

- Leverage internal funding
- Identify new funding

Strategic Partners:

- PATH
- Ryan White Network

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Findings/Results

Through the SPNS initiative, FHCS and PATH shared case management information between the medical and housing providers of the intervention to enhance the efficacy of our program. Collaboration and information sharing allowed both programs to work together to provide medical and supportive housing services.

Number of clients served:	254
Number of clients enrolled in the study:	108
Number of clients who achieved viral suppression:	77
Number of clients who transitioned to standard of care:	239
Number of patients lost to follow up:	18
Number of clients received referrals for:	
Substance use:	190
Mental health:	213

Demographics for clients enrolled in the study:

Gender

Male:	94
Female:	7
Transgender (M-F):	7

Race

African American/Black:	34
Asian:	2
Native American:	5
White:	67

Ethnicity

Hispanic:	37
Non-Hispanic:	71

