

CollN to Advance Care for Children with Medical Complexity

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CoIIN to Advance Care for Children with Medical Complexity

Webinar: Observational Walks and On-Site Prep
September 17, 12:00-1:30pm EST

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number #UJ6MC31113: *Health Care Delivery System Innovations for Children with Medical Complexity* (\$2,700,000 annually). This information or content and conclusions are those of the authors and should not be construed as the official position or policy of, nor should any endorsement be inferred, by HRSA, HHS or the U.S. government.

Anna Maria Padlan, HRSA/MCHB Project Officer

Boston University School of Social Work
Center for Innovation in Social Work & Health



Welcome


Housekeeping & Hellos

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Webinar Objectives

- Describe the components of an Observation/Gemba walk
- Discuss how completing a gemba walk can help propel your team's work forward
- Choose a process in your project that you will observe by “going to the gemba”
- Review prework for the onsite learning collaborative meeting
- Discuss next steps and project updates





Kerri Deloso, MHA, CLSSBB

Program Director,

Population Health Improvement Partners

Going to the Gemba



Mary Webster, MSN, RN, CCM, CPHQ

Senior Program Director,

Population Health Improvement Partners

Where are we now?

GETTING STARTED

Select a QI Project

Assemble a QI Team

THE MODEL FOR IMPROVEMENT

AIM

What are we trying to accomplish?

MEASURES

How will we know that our changes are an improvement?

IDEAS

What changes can we make that will result in an improvement?

PLAN

TEST

Ideas with
Plan-Do-Study-
Act
cycles for
learning and
improvement

DO

STUDY

ACT

SPREAD & SUSTAIN

Change Ideas that are successful

GETTING STARTED

Select a QI Project

- Focus Area Selection
- Value Driven Decision Making
- Prioritization Matrix

Assemble a QI Team

- Team selection matrix
- Team building activities
- Roles and Responsibilities
- Subcommittee structures

- Aim statements
- Charters

- Common measures
- Individual measures
- QIDA

- Force field analysis
- 5Rs
- Fishbone diagrams
- Alternative payment models
- KI interviews
- Focus Groups
- Literature & research
- **Gemba walks**

- PDSA Cycles

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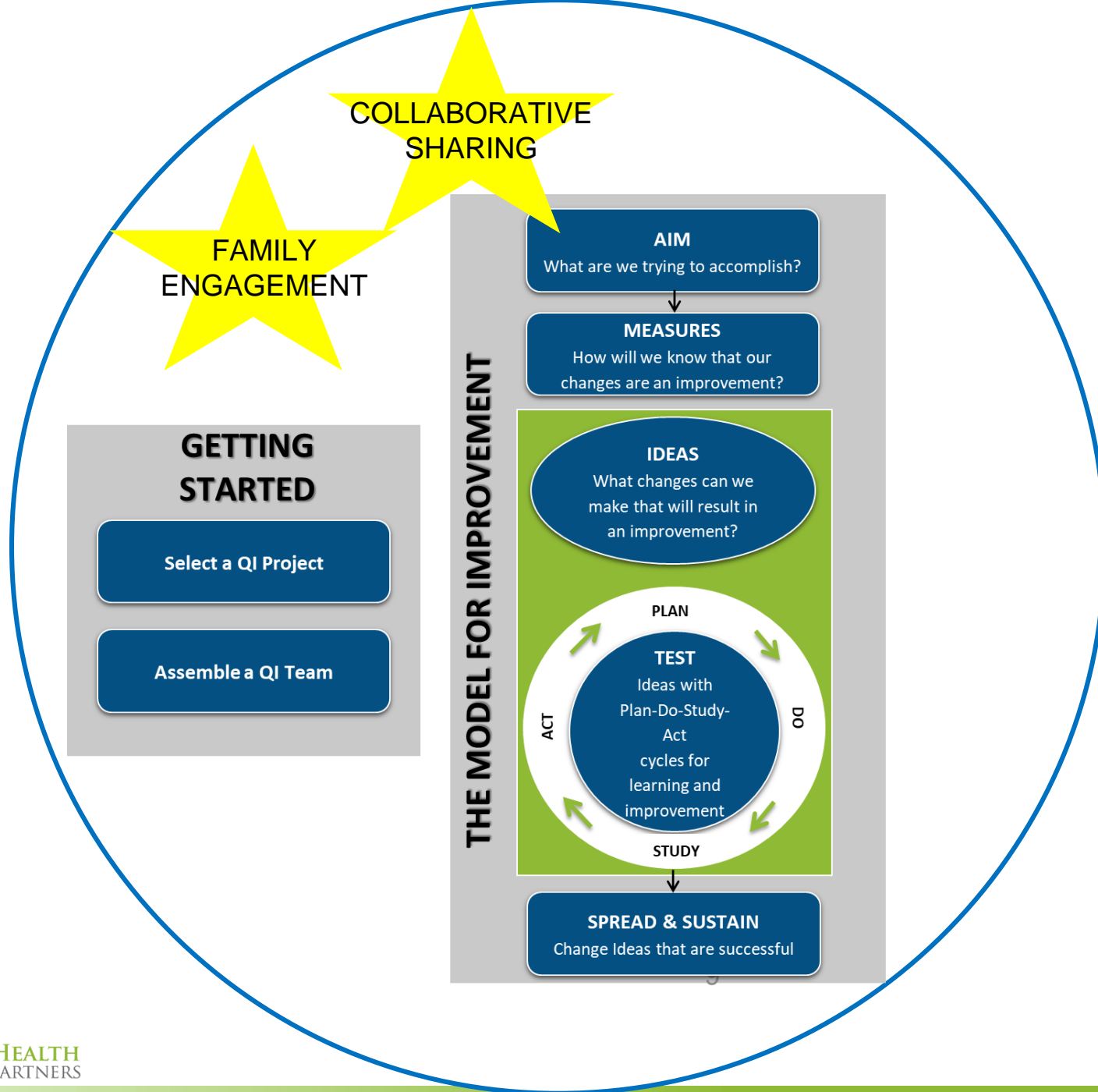
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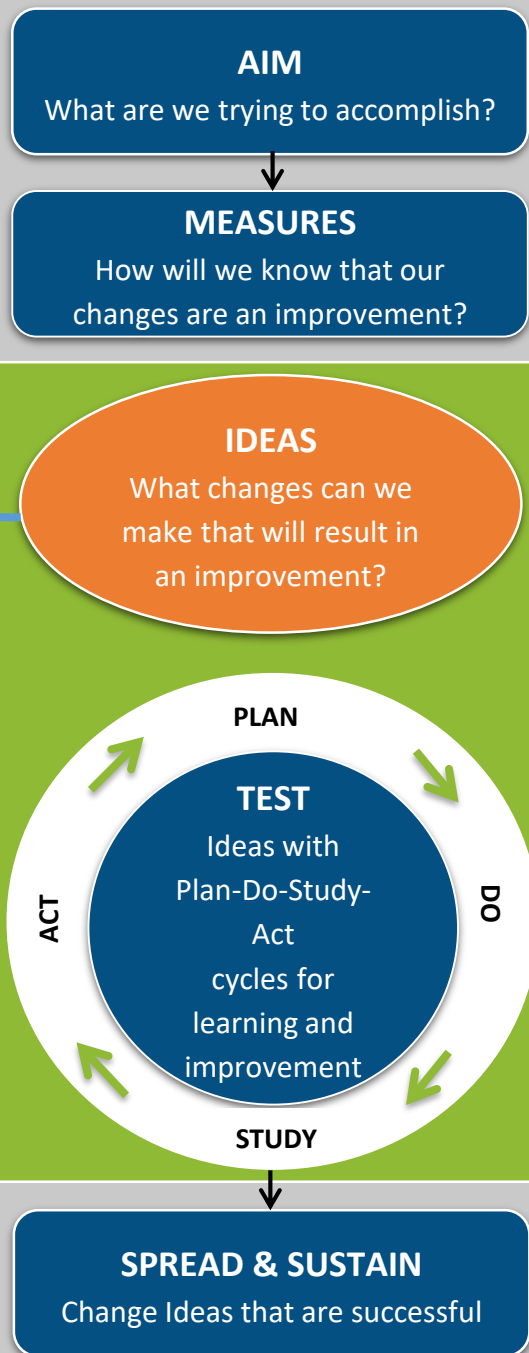
Change Ideas that are successful





- Understand your current process
- Identify opportunities for improvement
- Identify the root causes of observed problems
- Identify change ideas/solutions
- Prioritize change ideas for testing

THE MODEL FOR IMPROVEMENT



Gemba Walk

- What is it?
 - An observational walk that helps you understand how your current process works
 - Typically a person or thing you follow
 - Allows you to observe the process first hand
- Why is observing the process first hand important?
 - See how the process is actually performed versus how we think it is performed
 - Understand the process through the eyes of the patient/family
 - System level view
 - See different perspectives
 - See variation
- What are drawbacks to observing the process first hand?
 - Takes time
 - Staff and patients don't always like to be observed
 - Behavior can change when being observed



How to Complete a Gemba Walk

- Determine what process you will observe
 - What's its scope (from _____ to _____)
 - How will you observe it “real time”?
 - Who do you need to get permission from?
- Assemble your team to observe the actual process
 - Who from your team should attend?
- Go to the gemba! While observing:
 - List steps & decisions that occur in the process
 - Document details of each step in the process
 - Collect data on the process (e.g. total time, delays, etc.)
 - Note any areas for improvement



Don't Forget To Collect Data!

- **Frequency:** How often does each process step occur? When?
- **Cycle Time:** How long does it take to complete each process step?
- **Wait Time:** Where does waiting occur? How long?
- **Staffing:** How many staff are involved in each process step? Where do hand-offs occur?
- **Error Rates:** How often do mistakes occur?
- **Gaps:** What gaps between the current care and evidence based care do you see?
- **Qualitative comments:** What do you hear from staff and customers

Data Collection Form

GEMBA DATA COLLECTION FORM

Step No.	Process Step Name	What specific activities occur during this step?	Delays/Waits	Observed Time (min.)	Observed Waste	Improvement Ideas
1	Willingness to Return Home Assessment	<ul style="list-style-type: none"> *Coordinator reviews potential discharge criteria *Asks family about ability to meet criteria, comfort level, and desired timing 	10 minute wait because had to pause for provider rounding	30 minutes	*Had to repeat portion of conversation as dad was returning from the cafeteria	<ul style="list-style-type: none"> *Have script to help coordinator set the stage for discussion *Set up time to discuss beforehand to ensure all family members are present
2	Identify Discharge Team	<ul style="list-style-type: none"> *Coordinator identifies who should be involved on the care team by reviewing medical records and notes from family interview *sends e-mail to administrative assistant asking for meeting w/ discharge team 	4 hours (other interviews to conduct)	15 minutes		*Can team composition be developed before readiness assessment and then presented to family for additions?
3	Discharge Team Meeting	<ul style="list-style-type: none"> *Reviews initially discussed discharge criteria and adds to/modifies *Pools resources for returning home *Discuss any lingering concerns about home care / timing 	2 days to schedule call	45 minutes	*Additional criteria identified that will have to be reevaluated with family	<ul style="list-style-type: none"> *Is there a way to involve family in some of these discussions? *Can team meet before to get input on criteria? *Can we create standard criteria for different patient types?
4	Discharge Care Plan Created					
5	Finalize Discharge					
6	Schedule follow-up visits					

Understanding Value and Waste

- **Value added:** activities that the client/community deems necessary, at the right time and cost (e.g., services, testing, etc.)
- **Non-value added but necessary:** activities that are necessary to support the client/community today but are not considered of value by the client/community (e.g., regulations, etc.)
- **Non-value added:** activities that the client/community deems unnecessary or are unwilling to pay for (e.g., waiting, errors, etc.)



Where Do You See Waste?

Lack of Efficiency

- **D**efects
- **O**verproduction
- **W**aiting
- **N**on-value added processing
- **T**ransportation
- **I**nventory
- **M**otion
- **E**mployee Underutilization

Lack of Effectiveness

- Lack of adherence to:
 - Evidence-based practices and strategies
 - Guidelines and Recommendations

Team Sharing

- What have you observed? (Think of clinical, administrative, or personal examples)
- What about:
 - Waiting in line for food at a ball game?
 - Checking in at your medical practice for a yearly exam?
 - Car wash?
 - Getting a check cashed at the bank?
 - Signing up for a health fair?

Observation Example

- The basketball passing video

<https://www.youtube.com/watch?v=vJG698U2Mvo>

What Did You See?

- What was the process?
- How many people were involved in the process?
- How many steps?
- Any steps unclear? (areas of improvement?)
- Any “waste” or “value” seen?

What If You Can't Observe Your Process “Real Time”?

- Can you observe a portion of the process?
- Can you simulate the process?
- Can you use focus groups or key stakeholder interviews to “fill in the gaps”?
- Could you learn from a home visit?
- Could you benefit from following a family for a day (consider an empathy tour)?
 - Could start at the family's home and watch how they prepare for their doctor's appointment, what their transportation looks like, etc.
 - Helps you observe otherwise unknown barriers

Group Discussion!

- What observations has your team already completed?
- How can this help your team now?
- What process could your team observe before the onsite?

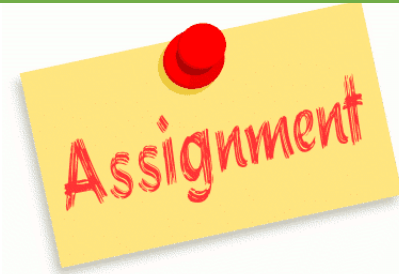


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Gemba Examples

- Registration for new patients
- Patient flow through the clinic from check- in to check- out
- Lab draw in the clinic (the process of)
- Registering patients for a procedure
- Intake process for provider to provider referrals
- A group teaching visit for young mothers of children with g-tubes
- Care conference start to finish
- Transferring a patient from one unit to another
- Process for making appointments

Your Assignment



- Decide on the process you will observe
 - What's the start/end of the process?
 - Reach out to your coach if you have questions about what or how to observe
- Decide how you will observe the process?
 - Can you observe it first hand or do you need to simulate?
- Schedule a time to go to gemba
 - Make sure you ok your observations with the staff you'll be observing



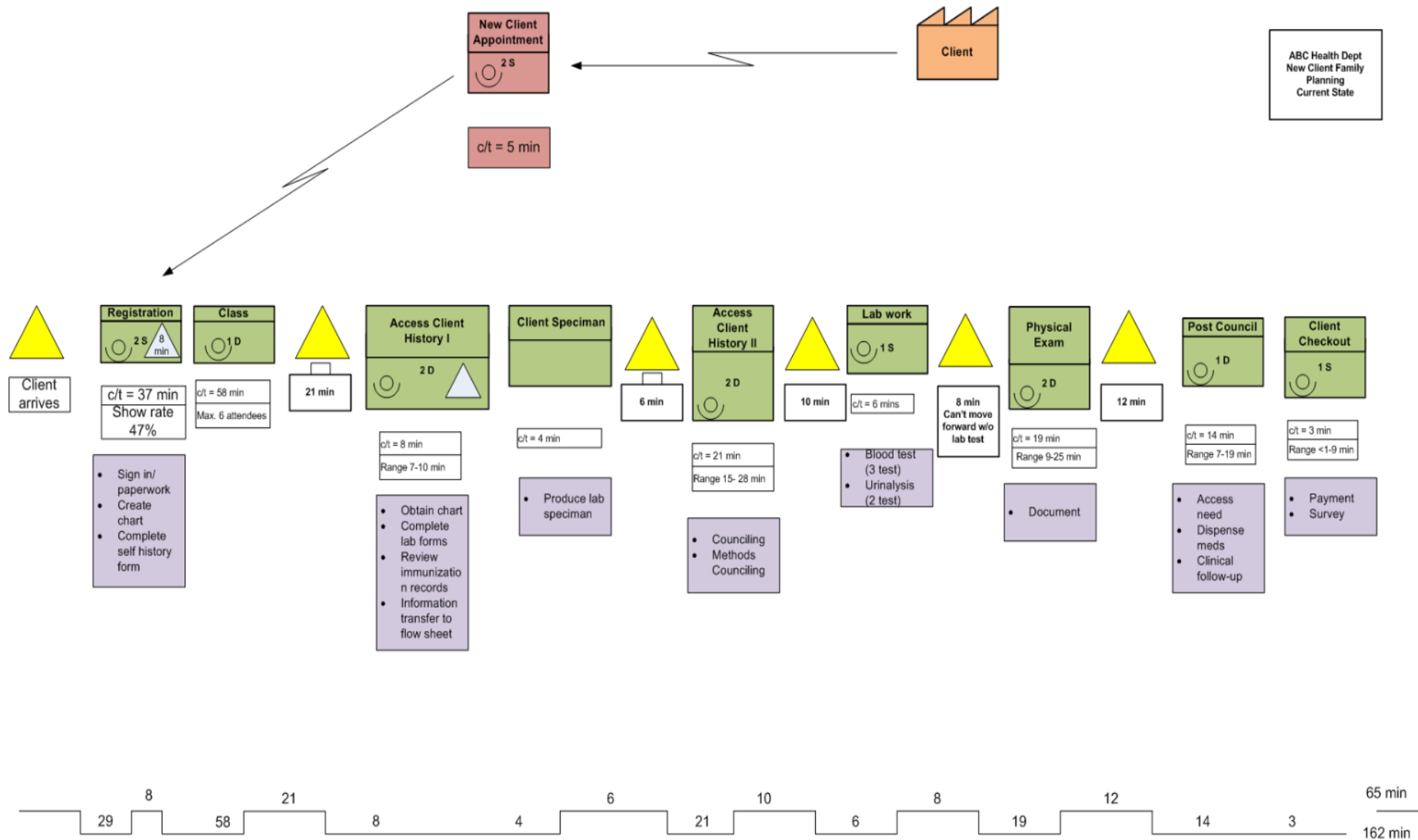
Tips For Observation Success

- Observe as a team, but take notes as individuals (can use the data collection form)
- Stay focused on what the process looks like today
- Keep observing – do not correct those doing the process
- Maintain an open mind and ask lots of open-ended questions
- Validate assumptions to clearly understand
- Observe in a variety of conditions to get a complete picture
- Don't forget to observe and record actual data (both quantitative and qualitative)
- Be respectful of those you are observing!

PROCESS DATA COLLECTION SHEET				
WHAT	WHO	HOW LONG?	OPPORTUNITIES FOR IMPROVEMENT	IMPROVEMENT ID
<i>1. Describe the specific process step</i> <i>2. List specific activities that take place in this step</i> <i>3. List specific Chlamydia/HIV screening policies/procedures used during this step (e.g. sexual history form, screening, etc.)</i>	<i>1. Who performs the process step?</i> <i>2. How many people do this step?</i>	<i>1. How long does it take to perform this step?</i> <i>2. How long was the wait between this process step and the next?</i>	<i>Where are there opportunities to improve identification of patients, documentation of sexual history, and ordering of screen?</i>	<i>What could be done to improve this to include screening guidelines?</i>
Registration/Check-in --Welcome patient, confirm their name, address, phone number and demographic info; Give patient packet that includes sexual history form	Clerk (2 people)	10 minutes (The patient waited for 5 minutes in the waiting room until they were called back to the intake room)	Sexual screening forms were difficult to find	Color code the forms and place it in a box that it is easy to find
Intake -- Take height/weight; check eyes and ears; and calculate BMI	Medical Assistant (2 people that pick up a patient as they arrive)	15 minutes (The patient was taken from the intake room to the exam room)	The patient was in the room with the parent when the exam was performed	Create a safe space for the patient to be alone



Bring Your Observations With You to the On-Site



Total 227 min

Questions?



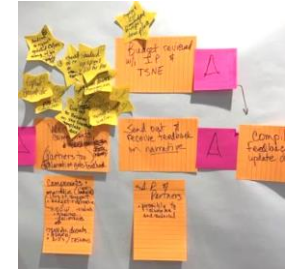
Storyboard Assignment

Our Vision

A world where all individuals enjoy optimal health and well-being



Proudest Moments



Meet the Team



Greg Randolph, grandolph@improvepartners.org
Kerri Deloso, kdeloso@improvepartners.org
Mary Webster, mwebster@improvepartners.org
Sherry Leonard, sleonard@improvepartners.org

Our Approach



Getting Involved

We have the opportunity to improve the health of our community, but in order to do so, we must expand our thinking.

Many things contribute to our health and well-being. Incomes, lifestyle, health behaviors and our ability to access health-promoting services all affect our health.

We're involving leaders from a wide spectrum of community organizations in developing ways to engage residents in improving their health.

Participating communities will share and learn from each other as they develop best practices.

To be successful, everyone must get involved. That's why we're engaging leaders in health care, public health, social services, government, education, business and others.

Storyboard Assignment

Things to include:

- Condensed AIM
- Team members
- Family engagement strategies
- What you're most proud of
- Public Service Announcement
- Materials created so far that you want to share with other teams
 - Copies or prototypes of things you've developed
- Questions for other teams/what you would like feedback on (you will have area to write and leave comments)

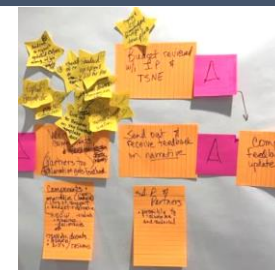
Storyboard Example

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Wrap-Up & Next Steps



Wrap-Up & Next Steps

Next Steps

- Go to the gemba and come with your observations to facilitate mapping!
- Develop your team storyboard (see template)
- Continue your team meetings and coach calls
 - Be sure to schedule extra time to fully prepare for the in-person meeting
- Answer team questions per follow-up webinar email:
 - Top 3 successes; top 3 challenges; top 3 goals coming out of the in-person meeting



Wrap-Up & Next Steps

Project Updates

- **SPECIAL SESSION: Introduction to the State Team QI Measures**
 - Zoom webinar: October 4th from 2-3 PM ET
- **NEW!!!** Open office hours with Meg for TA
 - Zoom webinar: Please respond to Doodle poll <https://doodle.com/poll/4eiazidnwdczruub>
- Thank you for August state team updates (-:
 - REMINDER: Due online last Friday of the month
- Next e-Newsletter out by last week of Sept.
- Other questions? Type into chat → we will respond via email



Wrap-Up & Next Steps

CMC CoINN Upcoming Events

Sep	Webinar: Team Sharing and Intro to Observation Walks <i>(State Team Reps)</i> 9/17, 12pm-1:30pm EST	
Oct	Webinar: Introduction to the State Team QI Measures <i>(State Team Reps)</i> 10/4, 2:00pm-3:00pm EST Office Hours: Measures <i>(State Team Reps)</i> Date: TBD, Time: TBD	Learning Session <i>(State Team Reps)</i> 10/28, 4:00-7:00pm 10/29 & 10/30, 8:00am-5:00pm EST Location: AAP, Itasca, IL
Nov	Webinar: LCM Follow-Up Topic <i>(State Team Reps)</i> 11/29, 1:30pm-3pm EST Monthly Open Office Hours with Meg Date: TBD, Time: TBD	
Dec	Monthly Open Office Hours with Meg Date: TBD, Time: TBD	

Wrap-Up & Next Steps



A Conversation on Protecting Rights of Children with Medical Complexity in an Era of Spending Reduction

Sufficient access to services for children with medical complexity varies considerably by state, geographic region and payer. Families, advocates, and health care professionals need to understand children's rights. Policymakers and payers must help support reliable and appropriate coverage and benefits. Learn how medical-legal partnerships and other forms of advocacy can protect the rights of children and support families in an era of cost containment.

Speakers: Jane Perkins, JD, MPH, Jeffrey L. Goldhagen, MD, MPH, Edwin Simpser, MD
Moderator: Rishi K. Agrawal, MD, MPH

Join Us! September 20, 2018 from 11 am-12 pm PST
Audience Q&A is highly encouraged. Attendees can listen via web or phone.

Register: lpfch.org/aapsupplement



Boston University School of Social Work

Wrap-Up & Next Steps

We need your feedback!

- **Webinar Evaluation** – please participate!
 - Link: <https://www.surveymonkey.com/r/D6B9C7V>
 - See chat box to click directly on the link
 - Short & sweet: Only 1 page, 5 questions
 - Carpe Diem!
- **CONTACT US** anytime!
 - Your Coach: Project implementation questions
 - BU: Administrative questions



Wrap-Up & Next Steps

Thank You!

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