

Trust Building



OBJECTIVES

At the end of this unit, participants will be able to:

- Begin to build trust and relationships with each other.



INSTRUCTIONS

1. Before the session, prepare a flip chart sheet with a header that says “Hopes for Training.”
2. Welcome participants. Explain that we will be using a philosophy and methodology for education and organizing called popular education (people’s education), which has been identified as a best practice in training CHWs all over the world.
3. Dinámica/Movement activity
 - A principle of popular education is to create an atmosphere of trust so that people can share their ideas and experiences.
 - Distribute the handout. Explain that to create an atmosphere of trust and sharing, we will use a Dinámica called “The Reporters.”
 - In English, we call these activities “movement-building activities” intentionally. We are using both meanings of the word “movement.” These are social learning games that often include physical movement of some kind, and that also build relationships and social movements.
 - When we say go, please move away from where you are sitting and find the person in the room whom you know the least. When you find your partner, interview that person like a reporter, using the questions on the handout.
 - After all pairs have interviewed each other, we will come back together and each person will introduce their partner.
 - Give participants 15–20 minutes to meet and ask questions.
 - Have the group reconvene and introduce their partners.
 - Record notes on the flip chart only for the hopes for the training.
4. Wrap up. Ask participants what catches their attention about this Dinámica. Share the PowerPoint slide on why we use Dinámicas.



Related C3 Roles

Providing culturally appropriate health education and information, providing coaching and social support

Related C3 Skills

Interpersonal and relationship-building skills, communication skills



Method(s) of Instruction

Think, pair, and share



Estimated time

30 minutes



Key Concepts

Trust, communication



Materials

- Computer with projector
- PowerPoint slides
- Flip chart
- Markers
- PowerPoint

Handouts

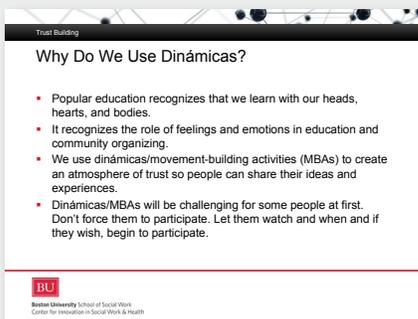
- The Reporters

SLIDE 1



SLIDE 2

Review the slide.



"The Reporters"



Instructions: Please find a person in the room who you know the least. When you find your partner, interview that person like a reporter. You will ask the other person:

1. What is your name?
2. Where do you work and/or what community do you represent?
3. What is your hope for this training?

After all of the pairs have interviewed each other, we will come back together and each person will introduce their partner.

Acknowledgements

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