Tips for designing an inclusive interprofessional ECHO

**Tips**
Practical techniques to create a successful ECHO

- **Fully integrate the youth/family perspective and voice from the beginning**
as faculty, participants, guest lecturers, case discussion presenters, and moderators.

- **Allow time for everyone to share their perspective and ask questions.**

- **Communicate clear standards** to explicitly level-set on presentation format, content, deadlines and editing to all presenters in advance.

- **Consider an interprofessional approach when recruiting participants:**
  - Physicians
  - Title V staff
  - Social workers
  - Registered nurses
  - Medical assistants
  - Families/caregivers
  - Young adults with medical complexity
  - Public health professionals
  - Mental/behavioral health professionals
  - Other key stakeholders

- **Level the playing field**
  - Employ co-presentation with a youth/family leader faculty member for multi-faceted or nuanced topics
  - Explicitly express interest in families’ and caregivers’ perspectives. Invite them to share upfront and throughout the dialogue.
  - Include the family point of view in the didactic and case presentations
  - Use first names

- **For CMC specifically, consider including faculty with expertise in:**
  - Emergency preparedness & response
  - Youth/family leaders with lived experiences
  - Mental/behavioral health
  - Infectious disease
  - Hospital medicine
  - Primary care
  - Public health
  - Social work
  - Palliative care

- **Include interprofessional faculty who are part of the system of care for CMC**
in the planning of the ECHO curriculum, case form, and in identifying guest lecturers.

**Benefits**
Demonstrable successes and positive results using these tips

- **Innovative solutions** Integration of new and different perspectives and lived experience helps to prioritize what matters most to families. They are experts in their own experiences and know their children best.

- **More engaging discussions**

- **A virtual format** increases access to youth/families, participants and presenters by removing barriers (e.g. travel time and costs), especially for vulnerable families

- **A systems and population health focus centered on lived experience** helps identify the most salient gaps in the system and real-life solutions

- **More collaboration and potential coordination** among different stakeholders within the system of care for CMC

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